

# Family Resource Center of North Texas

## Parenting Classes

**Who may attend?** Parents, grandparents or anyone devoted to improving their parenting skills or learning more about their children.

**When and where are the classes held?** Classes are held at the Family Resource Center, 1316 E. McKinney St., Denton, TX. and consist of four sessions on Thursdays. Classes begin on time. See schedule below for the particular series that best suites your needs.

**Who facilitates the series?** Professional parent educators' lead the sessions.

**What is the cost?** \$50 per person, \$75 per couple, payable in advance. Sliding scale is available upon request. Call 940/566-1800 for more information.

**What information is covered?**

**Toddling to Kindergarten:** Learn great skills to help your child transition from the "I can do it" to the "I can do it all by myself!" stage.

**It's Elementary, My Dear:** Learn skills to grow along with your child as they move through elementary grades. Topics include bullying, self-esteem, boundaries, routines, & discipline.

**Don't Get Caught in the Middle:** The aliens didn't take your child! It's just puberty! Topics include helping your child handle peer pressure, how to talk to your kids about drugs and other difficult subjects.

**Will I receive a Certificate of Completion?** All participants who complete the 4-part series receive a certificate of completion. Classes begin and end on time.

**How do I register?** Complete and mail the registration form printed below with your CASH or MONEY ORDER to Family Resource Center. Space is limited. If you have any questions call the Family Resource Center, 940-566-1800 between the hours of 9:00 a.m. and 4:00 p.m.

### 2007 Parenting Class Schedule

**Thursdays, 6:30 – 8pm**  
Each 4-part series begins the first Thursday of the scheduled month



*(Cut along this line & mail with money order)*

Name \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home phone (\_\_\_\_) \_\_\_\_\_ Work phone (\_\_\_\_) \_\_\_\_\_

Requested class and beginning date \_\_\_\_\_

Fees: Individual \_\_\_\_\_ or Couple \_\_\_\_\_

Make money orders payable to **Family Resource Center**

Mail to: Parenting Classes, Family Resource Center, P. O. Box 2242, Denton, TX 76202.

